



Harvard Medical School
Department of Continuing Education
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Psychiatry in 2013

June 13–15, 2013 • Boston, MA



Harvard Medical School Department of Continuing Education



McLean HOSPITAL
A HARVARD MEDICAL SCHOOL AFFILIATE



Harvard Medical School

June 13–15, 2013

The Fairmont Copley
Plaza Hotel

138 St. James Avenue
Boston, MA

Offered by

Harvard Medical School and
McLean Hospital,
Department of Psychiatry



Psychiatry
in **2013**

PSYCHIATRY IN 2013

Course Description

Psychiatry is experiencing revolutionary advances in its knowledge base. This is a tremendously exciting time, as this knowledge is leading to improved care and management of patients. Keeping up with all of this information, however, is a daunting challenge, especially for practicing clinicians. It is particularly difficult to find sources of unbiased, expert opinions.

Harvard Medical School and McLean Hospital are pleased to address this need with Psychiatry in 2013. This intensive, three-day course is designed to update participants in numerous aspects of the practice of psychiatry, including recent advances in psychopharmacology, psychosocial treatments and assessment of psychiatric patients. A wide range of diagnoses and psychiatric populations will be covered, including psychotic disorders, mood and anxiety disorders, borderline personality disorder, eating disorders, substance use disorders, and disorders of late life.

Our widely acclaimed faculty features internationally renowned speakers as well as expert clinicians in specialized practices. They will decisively review and synthesize recent advances in psychiatry in an easy-to-understand manner, both in the form of didactic presentations and interactive question and answer panels.

Target Audience

- Physicians, nurses, psychologists, social workers, licensed mental health counselors
- Health care professionals who interact with or treat patients suffering from psychiatric disorders

Save the Dates for these other McLean Hospital/
Harvard Medical School Conferences:

Addictions in 2013: May 10–11, 2013

Coaching in Leadership and Healthcare: September 27–28, 2013

Attachment: October 25–26, 2013

For more information or to register,
please visit mclean.harvard.edu/ce

Course Objectives

At the conclusion of this conference, participants will be able to:

- Evaluate recent developments in psychopharmacology in clinical practice and incorporate strategies to apply in practice when appropriate.
- Describe and practice state-of-the-art care for patients suffering from bipolar and psychotic disorders, depression and anxiety disorders, borderline personality disorder, eating disorders, substance use disorders, ADHD, PTSD, and OCD.
- Use DSM-5 more effectively in diagnosing patients.
- Assess and intervene with patients regarding suicidal ideation.
- Diagnose and treat mood disorders during pregnancy and the postpartum.
- Diagnose common problems in geriatric psychiatry and implement state-of-the-art interventions.
- Use techniques that will enhance motivation and resilience in patients.
- Describe the role of and prescribe exercise in the treatment of mental illness.
- Diagnose and treat sleep disorders.
- Describe the role of spirituality in treating patients.

Course Directors

Scott L. Rauch, MD

Shelly F. Greenfield, MD, MPH

Christopher M. Palmer, MD

FACULTY

Robert B. Brooks, PhD

Consultant in Psychology, McLean Hospital;
Assistant Clinical Professor of Psychology,
Department of Psychiatry, Harvard Medical School

James A. Chu, MD

Consultant in Psychiatry, McLean Hospital;
Associate Clinical Professor of Psychiatry,
Harvard Medical School

Esther J. Dechant, MD

Medical Director, Klarman Eating Disorders
Center, McLean Hospital; Instructor in Psychiatry,
Harvard Medical School

Darin D. Dougherty, MD, MSc

Director, Division of Neurotherapeutics,
Department of Psychiatry, Massachusetts General
Hospital; Associate Professor of Psychiatry, Harvard
Medical School

Brent P. Forester, MD, MSc

Director, Geriatric Mood Disorders Research
Program, McLean Hospital; Assistant Professor of
Psychiatry, Harvard Medical School

Elizabeth Pegg Frates, MD

Clinical Assistant Professor, Department of Physical
Medicine and Rehabilitation, Harvard Medical
School; Director of Medical Education, Institute of
Lifestyle Medicine, Spaulding Rehabilitation
Hospital and Harvard Medical School

Marlene P. Freeman, MD

Associate Professor of Psychiatry, Harvard Medical
School; Medical Director, Clinical Trials Network
and Institute (CTNI), Director of Clinical Services,
Perinatal and Reproductive Psychiatry Program,
Massachusetts General Hospital

Dost Öngür, MD, PhD

Chief, Psychotic Disorders Division, McLean
Hospital; Associate Professor of Psychiatry, Harvard
Medical School

Katherine A. Phillips, MD

Director of Research for Adult Psychiatry; Director,
Body Dysmorphic Disorder Program, Rhode Island
Hospital; Professor of Psychiatry and Human
Behavior, Warren Alpert Medical School of Brown
University; DSM-5 Task Force, American Psychiatric
Association, 2007–2012; Chair, DSM-5 Anxiety,
Obsessive-Compulsive Spectrum, Post-Traumatic,
and Dissociative Disorders Workgroup, American
Psychiatric Association, 2007–2012

David H. Rosmarin, PhD

Instructor, Department of Psychiatry, Harvard
Medical School; Assistant Psychologist, McLean
Hospital

Mark A. Schechter, MD

Chairman, Department of Psychiatry, North Shore
Medical Center; Instructor in Psychiatry, Harvard
Medical School; Advanced Candidate, Boston
Psychoanalytic Society and Institute; Board
Member, American Foundation for Suicide
Prevention, Greater Boston Chapter

Alexander Vuckovic, MD

Medical Director, The Pavilion, McLean Hospital;
Assistant Clinical Professor of Psychiatry, Harvard
Medical School

Thomas J. Wiegel, MD

Instructor in Psychiatry, Harvard Medical School;
Associate Medical Director, Klarman Eating
Disorders Center, McLean Hospital; Assistant
Director, Clinical Measurement, McLean Hospital

Roger D. Weiss, MD

Chief, Division of Alcohol and Drug Abuse,
McLean Hospital; Professor of Psychiatry,
Harvard Medical School

John W. Winkelman, MD, PhD

Medical Director, Sleep Health Center; Associate
Physician, Division of Sleep Medicine, Department of
Medicine, Brigham and Women's Hospital; Associate
Professor of Psychiatry, Harvard Medical School

Mary C. Zanarini, EdD

Professor of Psychology, Department of
Psychiatry, Harvard Medical School; Director
of the Laboratory for the Study of Adult
Development, McLean Hospital



THURSDAY, JUNE 13, 2013

Morning

7:00–7:45

Registration and Continental Breakfast

7:45–8:00

Welcome and Introduction

Christopher M. Palmer, MD

8:00–9:00

DSM-5

Katharine A. Phillips, MD

9:00–10:00

Psychopharmacologic Treatment of Psychosis

Dost Öngür, MD, PhD

10:00–10:15

Break

10:15–11:15

Psychopharmacologic Treatment of Bipolar Disorder

Dost Öngür, MD, PhD

11:15–11:45

Question and Answer Session

Morning Speakers

Afternoon

11:45–1:15

Lunch (on your own)

1:15–2:15

Geriatric Psychiatry

Brent P. Forester, MD

2:15–3:15

Attention-Deficit/Hyperactivity Disorder

Thomas J. Weigel, MD

3:15–3:30

Break

3:30–4:30

Treatment of Patients with Substance Use Disorders and Psychiatric Illness

Roger D. Weiss, MD

4:30–5:00

Question and Answer Session

Afternoon Speakers

FRIDAY, JUNE 14, 2013

Morning

7:30–8:00

Continental Breakfast

8:00–9:00

Suicide Assessment and Prevention

Mark A. Schechter, MD

9:00–10:00

Psychopharmacologic Treatment of Depression and Anxiety Disorders

Alexander Vuckovic, MD

10:00–10:15

Break

10:15–11:15

Mood Disorders During Pregnancy and Postpartum

Marlene P. Freeman, MD

11:15–11:45

Question and Answer Session

Morning Speakers

Afternoon

11:45–1:15

Lunch (on your own)

1:15–2:15

Spirituality

David H. Rosmarin, PhD

2:15–3:15

Obsessive-Compulsive Disorder

Darin D. Dougherty, MD, MSc

3:15–3:30

Break

3:30–4:30

Sleep Disorders

John W. Winkelman, MD, PhD

4:30–5:00

Question and Answer Session

Afternoon Speakers



SATURDAY, JUNE 15, 2013

Morning

7:30–8:30

Continental Breakfast

8:30–9:40

Resilience and Motivation

Robert B. Brooks, PhD

9:40–10:50

Borderline Personality Disorder

Mary C. Zanarini, EdD

10:50–11:05

Break

11:05–12:15

Exercise for Mental Health

Elizabeth Pegg Frates, MD

Afternoon

12:15–1:30

Lunch (on your own)

1:30–2:45

Eating Disorders

Esther J. Dechant, MD

2:45–3:00

Break

3:00–4:15

PTSD

James A. Chu, MD

4:15

Closing Remarks

Christopher M. Palmer, MD

Program changes/substitutions may be made without notice.

PSYCHIATRY IN 2013

Continuing Education

Physicians: The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 20.25 *AMA PRA Category 1 Credits*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists: McLean Hospital is approved by the American Psychological Association to sponsor continuing education for psychologists. McLean Hospital maintains responsibility for this program and its content. Participants meeting requirements will receive 20 CE credits.

Nurses: This program meets the requirements of the Massachusetts Board of Registration in Nursing (244 CMR 5.00) for 20 contact hours of nursing continuing education credit. Advance practice nurses, please note: educational activities which meet the requirements of the ACCME (such as this activity) count toward 50% of the nursing requirement for ANCC accreditation.

Social Workers: This program has been approved for 20 Approved Entity Continuing Education hours for relicensure, in accordance with 258 CMR. Collaborative of NASW and the Boston College and Simmons College Schools of Social Work Authorization Number D60419.

Licensed Mental Health Counselors: McLean Hospital is an NBCC Approved Continuing Education Provider (ACEPTM) and may offer NBCC approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. The hospital's provider number is 6085. This program is approved for 20 clock hours of CE credit or 2 CEUs.

ACGME Competencies

This course is designed to meet one or more of the following Accreditation Council of Graduate Medical Education competencies:

- Patient care
- Medical knowledge
- Interpersonal and communication skills
- Professionalism

Registration Information

Tuition Fee: \$795 (USD)

Reduced Fee for Residents, Fellows in Training, and Allied Health Professionals: \$575 (USD)

Registration by credit card (VISA or MasterCard) can be made at: www.cme.hms.harvard.edu/courses/psychiatry2013. Registration by check (draft on a United States bank), please make

payable to Harvard Medical School and mail with registration form to **Harvard Medical School–Department of Continuing Education, PO Box 417476, Boston, MA 02241-7476**. Telephone or fax registration is not accepted. Registration with cash payment is not permitted. Upon receipt of your paid registration an email confirmation from the HMS-DCE office will be sent to you. Be sure to include an email address that you check frequently. **Your email address is used for critical information, including registration confirmation, evaluation, and certificate.**

Inquiries

By phone 617-384-8600, Monday–Friday, 10 AM to 4 PM (EST) or by email at: hms-cme@hms.harvard.edu.

Online Information

To register or view activity information online, visit: www.cme.hms.harvard.edu/courses/psychiatry2013. To ensure proper registration, please add the first three characters of the source code found at the bottom of this registration form.

Disclosure Policy

Harvard Medical School (HMS) adheres to all ACCME Essential Areas, Standards, and Policies. It is HMS's policy that those who have influenced the content of a CME activity (e.g., planners, faculty, authors, reviewers, and others) disclose all relevant financial relationships with commercial entities so that HMS may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

Refund Policy

A handling fee of \$60 is deducted for cancellation. Refund requests must be received by postal mail, email, or fax one week prior to this activity. No refunds will be made thereafter.

Course Location

All sessions for this activity will be held at The Fairmont Copley Plaza Hotel, 138 St. James Avenue, Boston, MA 02116 (Telephone: 617-267-5300 or 800-441-1414).

Accommodations/Travel

A limited number of rooms have been reserved at The Fairmont Copley Plaza Hotel (Telephone: 617-267-5300 or 800-441-1414) until **May 19, 2013**. Please specify that you are enrolled in this activity to receive a reduced room rate of Fairmont Rooms (One Queen Bed): \$315 single/double per night; Deluxe Rooms (Two Double Beds or One King Bed): \$345 single/double per night; Fairmont Gold Level Rooms: \$415 single/double per night. Registration website: <https://resweb.passkey.com/go/psychiatryin2013>. Please do not purchase non-refundable airline ticket(s) until you have received an email from our office confirming your paid registration. For airline reservations contact the HMS Travel Desk toll free 1-877-4-HARVMD (1-877-442-7863) Monday–Friday, 9 AM–8 PM (EST). From outside the U.S., Canada, and Virgin Islands, please call 617-559-3764.

REGISTRATION FORM

JUNE 13–15, 2013

Print Name Clearly—All Fields Required

(Class # 332445)

PSYCHIATRY IN 2013

- ☐ **Full Fee (Doctoral Level Professionals): \$795 (USD)**
- ☐ **Residents/Fellows in Training: \$575 (USD)**
- ☐ **Nurses, Allied Health Professionals: \$575 (USD)**

Full Name	First	Middle Initial	Last Name
Mailing Address	Street	City	State
Daytime Phone ()	Fax Number ()		Zip Code
Please note: Your email address is used for critical information, including registration confirmation, evaluation, and certificate. Please be sure to include an email address you check daily or frequently.			
Email Address	Profession		
<input type="checkbox"/> Please check if you wish to be excluded from receiving email notices of future Harvard Medical School – Department of Continuing Education programs.			
Primary Specialty (Physicians Only)		Degree	
Professional School Attended (Physicians Only)		Board Certified? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Professional School Attended (Physicians Only)		Year of Graduation	
Professional School Attended (Physicians Only)		Source Code: 2EM	

Online registrants – add the first three characters of the source code found here. →